



BIBLICAL ELDERSHIP RESOURCES

Passing the Baton From One Generation of Elders to Another

BER Food Suggestions

Based on 55 People Attending

Adjust all portions according to attendance

Goal:

- To provide nutritious food and drinks that are quick to pick up and easy to eat.
- Some BER conferences are full-day events involving a lunch, while others are part of day and do not require lunch. Use what is appropriate below. The things listed below are only suggestions. It's your call.
- The key is having food that easy to prepare and easy to access & eat.

Suggestions

- Lunch is usually 45-60 minutes in length. Breaks are usually 20 minutes.
- We suggest buffet style serving using both sides of multiple tables to conserve on time.
- Purchase pre-packaged snacks in large quantities (overage can be stored easily for other events)
- Provide drinks in bottles, cans or drink boxes—these saves time.
- Serve drinks in bus boxes on ice. These boxes can be purchased at Sam's or Costco or the like.

Shopping List / Menu

Drinks for the day at the two breaks and lunch.

- Ice - 3 large bags
- Regular soft drinks - case 24 (consider short cans of soda/pop)
- Diet soft drinks - case 24
- Juice boxes - 12 (Milk also)
- Water bottles – 2 cases of 32
- Coffee & tea (reg. & decaf.)

Morning Break

- Nutria Grain Bars - 1 large box
- Nature Valley Crunch Bars- 1 large box
- Combos - 1/2 large box - 1 large box contains 18
- Apples - one bag. One medium size bowl of fruit is enough.
- Clementines (easy to peel) - one bag

Lunch

- 5 Sub Trays - 2 roast beef, 1-1/2 r beef 1/2 turkey, 1 turkey, 1 ham + cheese & tomato.
- Ordered from grocery store, with condiments - peppers, lettuce, onion, mustard, mayo.
- Chips - 5 large bags of chips
- Veggie tray - large size
- Carrots - 1 small bag (add to tray)
- Brownies & bars - Seven 9x9 pans, purchased or home baked.

Afternoon Break

- Combos - 1/2 large box
- Veggie chips - large box of 24
- 1 box - 24 Small bags of peanuts, raisins and M&M's mixture